



**Ahepa Traveler**

CHAPTERS THROUGHOUT NORTHERN CALIFORNIA AND WESTERN NEVADA

Volume 62, No. 2

OFFICIAL PUBLICATION OF DISTRICT No. 21

June/Summer 2014

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***Articles due August 15, 2014***

***Western Regional Convention***

***Highlights . . . . .***

- Thursday through Sunday - June 18-21
- Atlantis Casino Resort, Reno, Nevada
- Districts attending 17, 20, 21, and 22.

***Thursday, June 18***

- Golf Tournament Resort at Red Hawk 11:30am
- Registration & Marketplace 3:00pm
- Welcome Night 6:30pm
- Poker and Slots Tournament 8:30pm

***Friday, June 19***

- Registration 9:00am
- Opening Ceremonies 10:00am
- Joint Session 11:00am
- Business Sessions 1:00pm
- Glendi/Greek Night 5:30pm

***Saturday, June 20***

- Registration 8:30am
- Business Sessions 9:30am
- Scholarship Awards Luncheon 12:00 noon
- Business Sessions 2:00pm
- Grand Banquet 7:00pm

***Sunday, June 21***

- St. Anthony's Church Liturgy 9:00am
- Coffee Hour 10:00am - Reno AHEPA Family

"AHEPA TRAVELER is published quarterly, four times a year March, June, September and December by Order of AHEPA, 3327 Lake Albano Circle, San Jose, CA 95135."

AHEPA TRAVELER is the official publication of Golden Gate District 21 Order of AHEPA (American-Hellenic-Educational-Progressive-Association). It is published and distributed to members and friends. There are thirty Ahepa, Daughters, Sons and Maids Chapters in Northern California and Western Nevada.

Article III – This Order shall be non-partisan in politics and non sectarian in religion. All partisan political and all sectarian religious discussions are prohibited in any official deliberations thereof.

#### EDITORIAL STAFF - AHEPA TRAVELER

**BILL CHRISTIE**, Editor  
Editorial Staff for

**AHEPA and AUXILIARIES**

3327 Lake Albano Circle • San Jose, CA 95135

408 891-9225 FAX 408 292-9887

Email: billchristie1@mac.com

*Traveler Ads Manager*

**Bill Booras**

1125 S. Clovis Ave., #104, Fresno, CA 93727

Tel/Fax: 559 255-3367

Email: vasiliosbooras@att.net

*Daughters of Penelope Traveler Editor*

**P.J. Rishard**

3990 Bridlewood Circle, Stockton, CA 95219

209 915-3541

Email: prishard97@comcast.net

**ARTICLES FOR FALL ISSUE  
DUE – AUGUST 15, 2014**

**PUBLISHING SCHEDULED  
SEPTEMBER 1, 2014**

Have Ritual Manual . . .  
Will Travel



**Can Do:**  
Installations  
Initiations

**Seminars:**  
Chapter Duties  
Membership Drives  
Charity Raffles  
Rituals

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SERVICE. . .

DISTRICT 21 LODGE"

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209 576-1665

## AHEPA DISTRICT LODGE 2013-2014

Website: [www.ahepa21.org](http://www.ahepa21.org)

### District Governor

**Tom Chiarchianis**

507 Chabot Ave., Modesto, CA 95354

209 576-1665 Email: 59tommymc@gmail.com

### District Lt. Governor

**William L. Anton**

629 Saint George Road, Danville, CA 94526

925 858-5441 Email: barsinc@att.net

### District Secretary

**George Zioulas**

5336 Dellwood Wy., San Jose CA 95118-2509

408 728-7645 Email: gzioulas@yahoo.com

### District Treasurer

**Alex Bazos**

848 Winery Way, Modesto, CA 95356

209 529-1269 Email: abazos@laserplusmod.com

### District Marshal

**George Chimiklis**

33 Copper Meadow Dr., Copperopolis, CA 95228

209 785-1021 Email: gchimiklis@yahoo.com

### District Warden

**George Gianopoulos**

2727 W. Bluff Ave #123, Fresno, CA 93711

559 432-4630 Email: gsqrd@pacbell.net

### District Chaplin

**Steve Miller, PDG**

430 E. Merle Ct., San Leandro, CA 94577

510 569-2876 Email: fogmog2@yahoo.com

### District Advisor

**Robert D. Sexton, PDG**

2875 Prescott Ave., Clovis, CA 93619

559 325-7528 Email: rdsexton57@gmail.com

### Athletic Director

**Stamus Cocolos**

2105 Melville Pl., Modesto, CA 95356

209 545-1787 Email: scocolos@yahoo.com

### District Executive Secretary

**Bill Booras, PDG**

1125 S. Clovis Ave. #104, Fresno, CA 93727

559 255-3367 Email: vasiliosbooras@att.net

### District Auditor

**Andrew Mastoras**

5742 N. Fourth St., Fresno, CA 93710

559 439-3311 Email: amastoras@comcast.net

### Special Project Chairman

**William L. Anton, District Lt. Governor**

## DOP DISTRICT LODGE 2013-2014

Website: [www.dopdist21.com](http://www.dopdist21.com)

### District Governor

**Kathy Leles**

1223 Pyrenees Ct., Tracy, CA 95304

Hm 209 835-7414 Cell 209 815-2935

Email: Kleles@att.net

### District Lt. Governor

**P.J. Rishard**

3990 Bridlewood Circle, Stockton, CA 95219

Cell 209 915-3541

Email: prishard97@comcast.net

### District Secretary

**Beverly Kennedy**

1628 Snyder Ave., Modesto, CA 95356

Hm 209 527-5578 Cell 209 815-6052

Email: beverlyk@olives.com

### District Treasurer

**Joanne Panagopoulos**

1406 Woodcreek Wy., Stockton, CA 95209

Hm: 209 957-3632 Cell 209 479-1273

Email: jopanago@comcast.net

### District Marshal

**Litsa Miller**

430 E. Merle Court, San Leandro, CA 94577

Hm 510 569-2876 Cell 510 566-6518

Email: litsamiller@att.net

### District Lodge Advisor/MOA Advisor

**Helen Sexton**

2875 Prescott Ave., Clovis, CA 93619

Hm 559 325-7528 Cell 559 970-8315

Email: h.valiou@sbcglobal.net

### Daughters District Scholarship Chairman

**Mary Gavrilis**

4029 Holly Field Ct., Modesto, CA 95356

Hm 209 574-9500 Cell 209 765-2134

Email: gavrilis@sbcglobal.net

### AHEPA District Legal Council

**Steven Alfieris**

8395 N. Fourth St., Fresno, CA 93720

559 696-9691 Email: sa@pappastv.com

### AHEPA District 21 Scholarship Foundation

**Nick Pries, PDG, Chairman**

1420 Courtyard Dr., San Jose, CA 95118

408 978-8321 Email: xioti12@yahoo.com



## *A Message from the District Governor*

Christos Anesti and Greetings!

Where has the year gone? It seems like yesterday that I was given the honor of being elected District Governor by the Delegates at the District Convention in Modesto.

It has been quite a year and I could not have done it without the support of my District Lodge and all of the chapters and members in our district. Speaking of my Lodge, I would like to extend my most sincere gratitude to Bill Anton, Lt. Governor; George Zioulas, District Secretary; Alex Bazos, District Treasurer (For Life); George Chimiklis, District Marshal; George Gianopulos, District Warden; Steve Miller PDG, District Chaplain; Stamus Cocolos, District Athletic Director; Andy Mastoras, District Auditor; Robert Sexton PDG, District Lodge Advisor; and last but certainly not least Bill Booras PDG District Executive Secretary.

Our lodge also has a District Legal Committee whose members are Steve Alfieris, Fresno Chapter 151; Chris William Papas, Stockton Chapter 212; George Petrulakis, Modesto Chapter 246, and Andy Rockas. I would like to thank them for volunteering their time to be on this important committee.

I would be remiss if I did not acknowledge my partner in crime, Kathy Leles, Daughters of Penelope District 21 Governor. I enjoyed our time together traveling the district during our chapter visitations. It was always fun to be able to “hang out” with Kathy’s Lodge and enjoy a good laugh courtesy of District Comedian PJ Rishard. Kathy did fantastic work as District Governor and is to be commended for a job well done.

Yes, it has been quite a year. I would like to thank Kathy Leles and Bill Anton for being the Co-Chair’s of the first ever Ahepa Family Western Regional District Convention. Kathy and Bill have done and continue to do, an outstanding job leading the Western Region’s District’s 17, 20, 21, and 22 to the Atlantis Casino Hotel in Reno June 19-22. I hope to see many of you at this convention. We need to show the rest of the Ahepa domain that we here in the Western Region are strong and continue to grow stronger.

Since we are on convention news, please remember that this year’s Supreme Convention is being held in New Orleans at the Sheraton New Orleans Hotel, July 20-26. If you have not done so, please get your registration in to Headquarters and make sure that you chapter supports the convention by placing an ad in the album.

In closing, I would like to thank all of the members of the Ahepa and Daughters of Penelope for your support and generosity you showed me as your District Governor. I hope that you and your families have a wonderful, safe, and healthy summer. See you in Reno and New Orleans!

Fraternally,

***Tom Chiarchianis***

District #21 Governor



## *Greetings from your District Governor*

It's unbelievable that we are approaching the end of our business year and there are still so many things to do and information to relay to all of you.

The Sisterhood Conference in Sacramento in which District 21 and Artemis #5 hosted was truly a fantastic day filled with collaboration, sharing successes and reflecting upon

how we may continue with Alexandra Apostolides' vision and goals of the Daughters of Penelope. We were able to share many ideas and concerns with one another, viewed The Daughters of Penelope Foundation's film *The Legacy of a Dream* during lunch and toured the State Capitol. Our tour guide was able to take us through the capitol, making stops at the rotunda, the Senate & House floors as well as many hallways depicting portraits of past governors. We were quite impressed of such an educational tour. In addition to over 40 sisters attending, our Grand Vice President Anna-Helene Grossomanides, Grand Secretary and Liaison to District 20, Connie Pilallis, Grand Treasurer Jan Spanos and Grand Governor Zone IV and Liaison to District 21 Diane Petersen were able to attend. Sister Pauline Cazanis and her committee are to be commended for a job well done! This is what Sisterhood is all about!

As I am writing this column, I am also putting together the District 21 Convention Agenda. June 19th is right around the corner and the Western Regional Convention in Reno, Nevada will begin. All the committee chairs, from Districts 17, 20, 21 & 22 have been working diligently to put forth a fabulous convention & some fun extra events at the Atlantis Casino Resort & Spa. What an excellent opportunity this will be for everyone from the western states to come together as Brothers and Sisters and deliberate lovingly on issues that will ensure the future and traditions of our great organization. By now, delegates, alternates and guests should be registered, have reserved rooms and have submitted ads for the convention ad book.

Sisters, get your swingin' skirts out of your closet and pack them in your suitcase to play in the Golf Tournament at The Resort at Red Hawk on Thursday, June 19th. That evening, after Welcome Night, get your deck of cards out for the Poker Texas Hold 'Em & Slots Tournament. Registration forms are included in this edition of the AHEPA Traveler for you. In addition, there will be an AHEPA Family Marketplace available at this year's convention where your chapter has an opportunity to sell merchandise as well as share ideas regarding fundraising. Please plan on giving your delegates enough items to sell. You must contact me at [kleles@att.net](mailto:kleles@att.net) if your chapter plans on being a part of the Marketplace so we can set up a table for you. Please note: Selling of merchandise will not be allowed in the general meeting rooms.

Of course, the 92nd Annual Supreme Convention is not too far off and will be held in New Orleans, Louisiana from July 21-26 at the Sheraton on Canal Street. The Salute to Women will be held at the convention on July 25th and will recognize renowned chef Cat Cora as this year's honoree. This convention promises to be a lot of fun and truly in a city home to a melting pot of culture, food and music. Let us show our continued support for our organization and attend the WRDC and the Supreme Convention!!

In closing, I have enjoyed serving as your District Governor this past year and appreciated all the experiences I have had. My warmest and sincere thanks to the District Lodge –they not only supported me in my goals of District 21 this year, they have been my inspiration and motivation to make District 21 the best. I would be remiss if I did not mention AHEPA District 21 Governor Tom Chiarchianis and the AHEPA Lodge. Thank you for your support and your tireless efforts in all that we have achieved together.

On behalf of the Daughters of Penelope District Lodge – P.J. Rishard, Beverly Kennedy, JoAnne Panagopoulos, Litsa Miller, & Helen Sexton – I would like to thank all the chapters for their wonderful hospitality during our visits throughout the year and wish them great successes in the future. Have a safe and enjoyable summer. See you in Reno and New Orleans!

In Theta Pi,

***Kathy Leles***

District #21 Governor





# CONVENTION SCHEDULE

## THURSDAY, JUNE 19

- Golf Tournament at the Resort at Red Hawk
- Registration & AHEPA Family Marketplace
  - Welcome Night
- Post Welcome Night Poker & Slots Tournament

Grand Foyer & Promenade  
Grand 5-7  
Piano Reception Area

11:30 AM  
3:00 PM  
6:30 PM  
8:30 PM

## FRIDAY, JUNE 20

- Registration
  - Opening Ceremonies
- AHEPA/DAUGHTERS Joint Session
  - District 17
  - District 20
  - District 21
  - District 22

Grand Foyer  
Grand 4  
Grand 2  
Grand 1  
Grand 6  
Grand 3

9:00 AM  
10:00 AM  
11:00 AM

- AHEPA/DAUGHTERS Business Session
  - District 17 AHEPA: Grand 2
  - District 20 AHEPA: Grand 1
  - District 21 AHEPA: Grand 5
  - District 22 AHEPA: Emerald B
- Glendi/Greek Night

DOP: Emerald C  
DOP: Emerald D  
DOP: Grand 6  
DOP: Grand 3  
Grand 4

1:00 PM

## SATURDAY, JUNE 21

- Registration
- AHEPA/DAUGHTERS Business Session
- District 17 AHEPA: Grand 2
- District 20 AHEPA: Grand 1
- District 21 AHEPA: Grand 5
- District 22 AHEPA: Emerald B
- Scholarship Awards Luncheon
- Afternoon Business Sessions
  - Grand Banquet & Glendi

Grand Foyer  
DOP: Emerald C  
DOP: Emerald D  
DOP: Grand 6  
DOP: Grand 3  
Paradise Ballroom D & E  
Paradise Ballroom C, D & E

8:30 AM  
9:00 – 11:30

## SUNDAY, JUNE 22

St. Anthony's Greek Orthodox Church 4795 Lakeside Drive Orthos: 9:00 AM Divine Liturgy: 10:00 AM

Coffee Hour is hosted by the Reno AHEPA Family

12:00 Noon  
2:00 – 4:30 PM  
7:00 PM



## SAVE THE DATES - JUNE 19-22, 2014

**Make plans to attend our first Multi-District Convention in Reno, NV where you can meet and share ideas with fellow AHEPA Family members from Districts 17, 20, 21 and 22, encompassing CO, ID, NM, WY, AZ, CA, HI, UT, NV, OR, WA, and AK.**

**Venue** – Atlantis Casino•Resort•Spa – recipient of the AAA Four Diamond award. Standard Room Rates \$99 plus tax – Luxury Tower Rates \$119 plus tax. Standard \$12 per day resort fee has been waived for Convention. Atlantis offers free shuttle service every 30 minutes from the Reno airport and free valet & self-parking. AHEPA rates available 3 days before/after the Convention. Make hotel reservations directly with the Atlantis. An AHEPA Convention rate code will be provided with future communications.

**Convention & Event Registration** – \$175 per delegate – includes Welcome Night, Greek Night Glendi, Scholarship Luncheon, and Saturday evening Banquet. Individual event tickets will be available for non-delegate spouses and guests. Registration forms with all event details will be available soon.

**Convention Website** – An AHEPA Western Region District Convention website is being developed. Delegates will be able to register on-line and pay by credit card through PayPal. Visit us soon at <http://ahepawesternregion.org/> for complete Convention information and updates.

**Business Meetings** – District meetings will be held individually. Eight meeting rooms have been reserved to accommodate each District's AHEPA and Daughters meeting schedules. (All Districts will join together for the four social events.)

**Travel to Reno** – Convention chairs are working on potential Convention rates with Southwest Airlines and will advise if available. Reno is also serviced by Amtrak and the station is approximately 4 miles from the hotel.

**Convention Album** – Album chairs will be communicating album ad information and rates. This will be an exciting opportunity to be included in the first AHEPA Family Western Regional District Convention album.

## SEE YOU IN RENO!



The Order of AHEPA and the Daughters of Penelope from your local District are busy planning an exciting family-oriented regional convention on June 19 – 22, 2014. Districts 17, 20, 21 and 22, from the 12 western states, will be sending approximately 250 delegates, their families, and guests to the Atlantis Casino and Resort in Reno, Nevada.

This Western Regional District Convention is a one-of-a-kind event for the AHEPA Family. Our committees have already begun planning daily events for the delegates and their guests and it promises to be a first-class convention. The American Hellenic Educational Progressive Association is the largest Greek-American organization in the world and is a registered non-profit fraternal organization. The mission of the AHEPA Family (AHEPA and The Daughters of Penelope) is to promote Education, Philanthropy, Civic Responsibility, Family and Individual Excellence.

This may be an excellent opportunity for you, your family, or your business to reach a captive audience by becoming a sponsor of AHEPA's Western Regional District Convention. On the following page (page 8) is the sponsorship information form detailing the four sponsorship levels: Diamond, Platinum, Gold, and Silver. You may also direct your sponsorship to a specific event at the convention venue. Moreover, our major sponsors will receive recognition at our convention as well as in our convention album.

Thank you in advance for your support and generosity. We hope that you will share in the success of the Western Regional Convention and assist the AHEPA Family in promoting education, philanthropy and family.

If you have any questions, please contact Tom Chiarchianis at [59tommyc@gmail.com](mailto:59tommyc@gmail.com) or (209) 401-1179.

Sincerely,

Tom Chiarchianis  
District 21 Governor



## SPONSORSHIP LEVELS

### DIAMOND LEVEL:                    \$5,000.00

- Sponsor will be featured at all events
- Preferred placement of full page color ad in the convention album
- Prominent placement of company logo or individual/family name in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Prominently placed Table of 8 at the Grand Banquet
- One foursome for the Convention Golf Tournament

### PLATINUM LEVEL:                \$3,000.00

- Full page color ad in the convention album
- Placement of company logo or individual/family name in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Four (4) tickets to the Grand Banquet
- One twosome for the Convention Golf Tournament

### GOLD LEVEL:                        \$1,000.00

- One half page color ad in the convention album
- Placement of company logo or individual/family in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Two (2) tickets to the Grand Banquet

### SILVER LEVEL:                      \$500.00

- One quarter page color ad in the convention album
- Placement of company logo or individual/family name in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Two (2) tickets to the Scholarship Luncheon

**♦♦Please make checks payable to Ahepa WRDC and mail to: Tom Chiarchianis, 507 Chabot Ave., Modesto, CA 95354**



**Order of AHEPA  
&  
Daughters of Penelope**



**Sons of Pericles  
&  
Maids of Athena**

**Convention Headquarters**  
Atlantis Casino Resort Spa, Reno, NV

**Host Chapters**  
AHEPA 281 ~ Daughters of Penelope Elis 89

**EVENT REGISTRATION FORM**  
**Registration Deadline: Thursday, May 29, 2014**

NAME  DISTRICT #  CHAPTER #

AHEPA DELEGATE  DOP DELEGATE  AHEPA ALTERNATE  DOP ALTERNATE  NON-MEMBER GUEST

ADDRESS  WORK PHONE

CITY-ST-ZIP  HOME PHONE

E-MAIL  FAX

**AHEPA & DAUGHTERS DELEGATES AND ALTERNATES MUST PAY FOR THE COMPLETE PACKAGE**

<b>Convention Registration Packages &amp; Tickets</b>	<b>Cost per Person</b>	<b>Number</b>	<b>Total Cost</b>
<b>AHEPA/DAUGHTERS Delegates &amp; Alternates Registration Package</b> Includes: Welcome Night, Glendi, Scholarship Luncheon & Gala Banquet	<b>\$ 175</b>	<input type="text"/>	<input type="text"/>
<i>Scholarship Luncheon Meal Choice</i> Pork Loin <input type="checkbox"/> Chicken <input type="checkbox"/> Vegetarian <input type="checkbox"/>	<b>\$200 (After MAY 29)</b>		
<i>Gala Banquet Meal Choice</i> Filet Mignon <input type="checkbox"/> Salmon <input type="checkbox"/> Vegetarian <input type="checkbox"/>			
<b>GUEST Registration Package</b> Includes: Welcome Night, Glendi, Scholarship Luncheon & Gala Banquet	<b>\$ 155</b>	<input type="text"/>	<input type="text"/>
<i>Scholarship Luncheon Meal Choice</i> Pork Loin <input type="checkbox"/> Chicken <input type="checkbox"/> Vegetarian <input type="checkbox"/>	<b>\$180 (After MAY 29)</b>		
<i>Gala Banquet Meal Choice</i> Filet Mignon <input type="checkbox"/> Salmon <input type="checkbox"/> Vegetarian <input type="checkbox"/>			
<b>SONS OF PERICLES &amp; MAIDS OF ATHENA Registration Package</b> Includes: Welcome Night, Glendi, and Scholarship Luncheon	<b>\$ 100</b>	<input type="text"/>	<input type="text"/>
<i>Scholarship Luncheon Meal Choice</i> Pork Loin <input type="checkbox"/> Chicken <input type="checkbox"/> Vegetarian <input type="checkbox"/>	<b>\$125 (After MAY 29)</b>		

<b>Individual Event Purchase</b>	<b>Cost per Person</b>	<b>Number</b>	<b>Total Cost</b>
<b>Welcome Night</b> - THU, JUN 19 @ 6:30 PM	<b>\$ 30</b>	<input type="text"/>	<input type="text"/>
<b>Glendi / Greek Night</b> - FRI, JUN 20	<b>\$ 60</b>	<input type="text"/>	<input type="text"/>
<b>Scholarship Awards Luncheon</b> - SAT, JUN 21 <i>Meal Choice</i> Pork Loin <input type="checkbox"/> Chicken <input type="checkbox"/> Vegetarian <input type="checkbox"/>	<b>\$ 40</b>	<input type="text"/>	<input type="text"/>
<b>Gala Banquet</b> - SAT, JUN 21 <i>Meal Choice</i> Filet Mignon <input type="checkbox"/> Salmon <input type="checkbox"/> Vegetarian <input type="checkbox"/>	<b>\$ 75</b>	<input type="text"/>	<input type="text"/>
<b>TOTAL REGISTRATION AND/OR INDIVIDUAL EVENT PAYMENT ENCLOSED</b>			<input type="text"/>

**Please include payment for total registration and/or individual event purchase payable to AHEPA WRDC.  
Mail registration form and payment to - AHEPA WRDC, 3420 Tully Road Suite 20 - #286, Modesto, CA 95350  
Convention registration also available on the WRDC website: <http://ahepawesternregion.org/>**

**NOTE: Make Hotel Reservations Directly with Atlantis, Reno  
Phone # (800) 723-6500 Email [reservations@atlantiscasino.com](mailto:reservations@atlantiscasino.com) <http://atlantiscasino.com/>  
Include Discount Code - SAHEPA - in Phone, E-Mail or On-line Hotel Reservation Request  
Hotel Registration Deadline: Thursday, May 29, 2014**



THE RESORT AT  
**RED HAWK**



# 2014 AHEPA FAMILY WRDC GOLF TOURNAMENT

## TO BENEFIT THE AHEPA FAMILY DISTRICT SCHOLARSHIPS

**Thursday June 19, 2014**  
**6600 N. Wingfield Pkwy.**  
**Sparks, NV 89436**

**Golf Package: \$125 per golfer/\$500 per foursome**  
**Includes: Green Fees, Cart, Range Balls, Box Lunch, Tee Prizes & Welcome Night**  
**Reception at Atlantis Casino Resort**

**Check In: 11:30 am    Lunch: 12:30 pm**  
**Shotgun Start: 1:30 pm**

**Hole Sponsorships Available @ \$100**  
**Corporate Sponsorships @ \$500 (Company Logo Placed on Tournament Banner and In**  
**the Convention Album Sponsorship Page)**

---

<b>Name:</b> _____	<b>Handicap:</b> _____
<b>Name:</b> _____	<b>Handicap:</b> _____
<b>Name:</b> _____	<b>Handicap:</b> _____
<b>Name:</b> _____	<b>Handicap:</b> _____

**Please make your check(s) payable to: Ahepa WRDC (Write Golf and/or Sponsor on the Memo Line)**  
**Mail check with form/OR e-mail the form and pay using PayPal at: [ahewesternregion.org](http://ahewesternregion.org)**

**Tom Chiarchianis**  
**507 Chabot Avenue**  
**Modesto, CA 95354**

**For additional information, please e-mail [59tommyc@gmail.com](mailto:59tommyc@gmail.com) or (209) 541-5625**





## AHEPA 2014 WRDC Fund Raiser

# Post Welcome-Night Tournaments

## Thursday Night - June, 19th

If you're going to play in Reno ... let's play together! Get to know your Brothers & Sisters while benefiting the AHEPA Family Western Districts. Atlantis Casino Resort Spa has the following group tournament options available for us during the convention! Fun for all!

### Poker - Texas Hold'em Tournament

- A 2-hour Texas Hold'em tournament for all interested AHEPA attendees
- \$\$ Prizes for most of the final table (based on the total number of players)
- Entry Fee = \$100 if prepaid by June 10th. One tournament re-buy will be offered during the first round of tournament play at 50%.
- Tables of 10 to be filled 1st come, 1st served. A new table may be added, within the 1<sup>st</sup> round.

### Slots Tournament - For those who love a friendly competition and want to try their luck:

- Spin the reels and play for the top score! Nothing could be easier!
- Tournament machines will be set up for to play 3 rounds-Highest combined score wins!
- Entry Fee = \$40, (may come down if participation is higher)
- \$\$ prizes for top 3 winners
- We need a minimum of 30 participants to hold the event.

## Want a Tournament? ENTER NOW!

*With a Poker Tournament your District wins and you too, may win!*

I want to play! Here is my entrance fee for Poker \$100 \_\_\_\_\_ Slots fee \$40 \_\_\_\_\_

How many are you responding for?      Poker \_\_\_\_\_      Slots \_\_\_\_\_

Names & email addresses for everyone entering, \$100 or \$40 each player, or PayPal at [www.ahepawesternregion.org](http://www.ahepawesternregion.org)

---

Name \_\_\_\_\_ Email address \_\_\_\_\_

---

Name \_\_\_\_\_ Email address \_\_\_\_\_

---

Name \_\_\_\_\_ Email address \_\_\_\_\_

---

Name \_\_\_\_\_ Email address \_\_\_\_\_

**The sooner you sign up, the better! For questions or information email or call:**

Co-Chairs: Alex & Effie Bazos at:  
 effiebazos@gmail.com - Subject: WRDC-Poker  
 Phone 209.524.2414 (daytime) 209.529.1269 (evenings & weekends)  
 Mail to: AHEPA WRDC  
 3420 Tully Road Suite 20 - #286  
 Modesto, CA 95350






## **Sheraton New Orleans Hotel**

500 Canal Street, New Orleans, LA 70130

**Sunday July 20 - Saturday July 26, 2014**

Room Rate \$144 plus taxes

Room Reservations: 1-888-627-7033

ask for the AHEPA rate

The Order of AHEPA has partnered with American Airlines for the 2014 AHEPA Supreme Convention! American Airlines is offering a special meeting discount. The discount can be booked on-line at [www.aa.com](http://www.aa.com) for American Airlines/American Eagle Airlines flights only. Enter the Promo code 2174DP in the Promotion Code box. Itineraries involving any oneworld or codeshare partner airline must be booked through our Meeting Services Department at 1-800-433-1790 if calling from the US and Canada. Please note a \$25.00 fee will apply for each ticket booked over the phone. International attendees should call their local American Airlines reservations number. The discount is valid July 17, 2014 - July 29, 2014.

Family Supreme Convention 2014 Official Discounted Airport Shuttle: Book at least 24 hours prior to your flight's arrival time in New Orleans. Original reservations need to be done online to receive the discounted rate. To change an existing reservation via phone (866-596-2699).



## **AHEPA Supreme Convention Update**

### **New Orleans 2014 AHEPA Supreme Convention Registration**

**NOW OPEN**

***AHEPA Supreme Convention Registration now ON LINE, please register ASAP***

The Supreme Convention Hotel is the Sheraton Hotel located at 500 Canal Street, New Orleans, LA. Please call the hotel as soon as possible at (504) 525-2500 to make your reservations. You can also book online. The deadline is June 29, 2014. The AHEPA Family rate is \$144 plus taxes. Make your hotel reservation today!

Whether you are a delegate, alternate or guest, please download and complete the fillable registration form for your delegate/alternate/guest convention package. You can register online at [www.ahepaconvention.com](http://www.ahepaconvention.com). Important items to note regarding Registration:

The Delegate/Alternate package is \$250 if purchased before July 1. After July, the package is \$350.

Non-Delegate and Guest packages are \$350. If you are not a hotel guest, please include \$100 when registering. Otherwise the fee will be assessed at the Supreme Convention upon picking up your registration package.

### ***Pricing for Supreme Convention Events OUTSIDE the purchase of a package (Individual Pricing):***

July 21 Monday: AHEPA Family Convention Opening Ceremonies  
at the National World War II Museum-\$100

July 23 Wednesday: AHEPA Family River Boat Cruise on the Mississippi River-\$75

July 24 Thursday: AHEPA Family Athletic Luncheon-\$125  
(Tickets MUST be purchased by 7/21) No EXCEPTIONS

July 25 Friday: AHEPA Family Grand Banquet-\$175  
(Tickets MUST be purchased by 7/22) No EXCEPTIONS

Sons and Maids Package includes AHEPA Family Opening Ceremonies/  
Riverboat Cruise/Sons and Maids Awards Brunch-\$125

Children under 14 years old can attend the opening ceremonies & riverboat cruise for FREE

No children allowed for the Athletic Luncheon

Children under 14 years old attending the Grand Banquet will be \$50 per child for a special meal.

Reserve discounted shuttle service to and from the airport provided by Airport Shuttle. Roundtrip shuttle service is \$35 per person and one way shuttle service is \$20 per person.

We have also secured a group discount for airfare with American Airlines. Please visit [www.aa.com](http://www.aa.com). Enter promo code 2174DP in the promotion code box. The discount code is valid from July 17, 2014 to July 29, 2014.

New Orleans Bus Tour Opportunity for Delegate, Alternates and Guests: Should you be arriving at the hotel before Monday, July 21, please consider the unique New Orleans tour of the sites of New Orleans and about the Greeks in New Orleans since the mid-1700's, on Monday, July 21.

View the bus tour flyer along with the Supreme Convention Registration Form, Convention Hotel Information, and a helpful list of places and restaurants to visit in New Orleans

at [AHEPA.ORG](http://AHEPA.ORG)

## Sisterhood Conference

By Kathy Leles, District 21 Governor

*Sisterhood provides a safe place to learn new ideas, to explore different ways of looking at life. The comfort of our sameness helps us relax enough to learn from our differences.*



District Governors Kathy Leles, Handris and Niki Pallas

Over 40 women from Districts 20, 21 & 22 showed true sisterhood by attending the 29th annual Sisterhood Conference in Sacramento on April 26, 2014. The conference, hosted by District 21 and the sisters of Artemis #5, took place at the Hyatt Regency Hotel across from the California State Capitol. The venue, food and service at the hotel were magnificent and Sister Pauline Cazanis, and her committee are to be commended for a job well done! Special thanks go to Sister Jan Spanos for all she did to make sure that our accommodations at the Hyatt were met and for underwriting the entire event in honor and memory of her mother, Connie Karneges and the mother of Pauline Cazanis, Mary Cazanis, who were both members of Artemis #5.

Although there were other events scheduled by other organizations throughout the districts, 9 out of 11 chapters in District 21 sent the most representatives to the conference. Eos #1, our Mother Lodge sent 7 sisters! Also in attendance were our Grand Vice President Anna-Helene Grossomanides, Grand Secretary and Liaison to District 20, Connie Pilallis, Grand Treasurer Jan Spanos and Grand Governor Zone IV and Liaison to District 21 Diane Petersen. We were able to share many ideas and

concerns with one another, viewed The Daughters of Penelope Foundation's film The Legacy of a Dream during lunch and toured the State Capitol which was so impressive and educational. This is what Sisterhood is all about!

We look forward to next year's Sisterhood Conference which will be hosted by District 20. Hopefully it will be planned in Santa Barbara, the beautiful city in which the first Sisterhood Conference took place on May 18, 1985.

Conference followed by a tour at the California State Capitol.





## AHEPA Golden Gate District 21 Educational Foundation 2014 Scholarship Recipients



**Sophia Molodanof** attends St. Francis High School. Her desire is to complete a B.A. degree in Communications or Political Science and later a J.D. Sophia completed a 4.0 GPA at St. Francis Catholic High School, and an SAT of 1700 (ACT score of 26). Her application includes an acceptance letter from UC-Davis. Sophia's well-written essay mentions participating as an intern in the US Attorney's Office, while also volunteering at St. John's Shelter. She has been active on the tennis team, a camp volunteer, Greek Dance, American Cancer volunteer and many others. Her school counselor reference letter mentions her being a "model citizen and top student". Moreover, a reference letter from her High School Mock Trial Team Coach mentions her great speaking and mentor abilities "a freshman unlike any this school has ever seen" and "every teacher stands in awe of this dynamic young mind".

**Stamatia Scarvelis** is finishing Dos Pueblos High School in Goleta, CA, and wishes to pursue a college degree targeting UCLA (undeclared major at present). Her nicely written and personal essay mentions a career path in sports marketing which aligns with her success as a competitive athlete and her overall school achievements. Stamatia lists an impressive GPA of 3.9. She is a four-year varsity letterman in Track and Field and a 2013 High School All American. She joined the TEAM USA in Columbia at the Pan American Championships where she won the 'gold' in shot put. Stamatia has been a Senior Class VP, Editor of HS newsletter, a volunteer with guide dogs for the blind and other activities. One of her two reference letters mentions Stamatia being "league of her own" athletically, is "very well balanced", modest and caring. The second reference is also highly positive mentioning her active school leadership.



**Sophia Phillips** seeks a B.A. degree in International Relations from Boston University. She has an impressive list of honors and activities including honorable mention by the American Association of Teachers (of Italian), sailing team captain, video production, volunteer in Nicaragua for building sustainable farms, lifeguard, SF Food Bank volunteer, Election Poll worker, and others. Sophia attends Lowell High School with a 3.5 GPA. Her well-written essay mentions a life goal "to make a difference" and to promote human rights. Sophia has two strong reference letters from her High School instructors of Economics and Italian Languages. They mention her "talented public speaking" abilities, use of logic, and community activities (Red Cross certification, etc.), being "cheerful and upbeat" and a "born leader".

*more recipients on next page*



**Natalie Meniktas** desires a career in childhood education. Her essay mentions her participation in her High School Varsity Volleyball Team, and being Captain in her senior year. Natalie's college admittance is pending. She lists several school and community activities such as Senior Class VP, School Leadership Team, KIVA Club member, Ascension Cathedral Festival volunteer, Volleyball Coaching, Certified lifeguard, and others. Natalie is on her way to future success with a GPA of 3.6 and an SAT of 1560. The reference letter from her Geology Science teacher mentions her "cheerful yet humble nature" and her "keen powers of observation". Her second reference mentions Natalie's dedication to education, her "stellar work ethic" and strong ability to work with teams.

**Anastasia (Sia) Kokkas** seeks a B.S. degree in Chemistry so as to pursue a career as a physician and researcher. In addition, her well written essay mentions a desire to join Doctors Without Borders so as to bring medical care to others globally. Her listed GPA is 3.6 and ACT score of 25. She received the National Society of High School Scholars honor and was a delegate to the California Association of Student Leaders. Anastasia is a swimmer, played water polo, is a member of JOY, a People to People Student Ambassador to Greece, Italy, and France, as well as other activities. Her two reference letters are outstanding. One letter from a Pioneer High School teacher mentions that she is "articulate and powerful, has grace, confidence, and determination". A second reference, letter also from a teacher, lists Sia as "definitely one of our 'gold medal' students" and that "she will flourish in a college atmosphere".



**Nicholas Scarvelis** is a sophomore at UCLA where he wishes to complete a B.A. degree in English. His essay mentions interest in a media or journalism career, while also the possibility to being an athletic coach. His honors include being a recipient of an Alpha Omega Scouting Award, an Eagle Scout, while also holding High School Records in Shot Put, Discus, and a California State HS Champion for 2011. He has several first place honors in National Competition and is ranked #1 in the Pac-12. His school activities include membership in the UCLA Track & Field Team, Athletic Director Honor Roll, and MPSF Scholar Athlete Award. Nicholas is also active in the St. Barbara Greek Orthodox Church. His GPA is 3.3.

His reference letter from Father Constantine Zozos mentions him being "one of those bright lights in the world", and his reflecting "everything that is good among young people today".

**Steven G. Scarvelis** seeks a BA degree in history (and minor in Geosciences) from the University of Arizona at Tucson; his essay mentions pursuit of a Masters Degree (and then a career) in Geology Engineering. His honors include being an Eagle Scout plus an Alpha Omega Award, and his school activities include membership in the U of A track team and athlete scholar award. Steven is a member of the St. Barbara Greek Orthodox Church. His college GPA is 3.2 (and a 3.8 in High School). His career represents the Greek emphasis of a balanced 'sound body and sound mind'. Steven's two reference letters are highly supportive. One letter mentions his academic and athletic accomplishments while the other mentions his







## Daughters of Penelope Golden Gate District 21 2014 Scholarship Recipients



**Jennifer Michelle Ellman**

**Sponsor: Urania Chapter #290**

**Graduate Award: \$2,000 -Angela Mouroufas Memorial Scholarship**

Jennifer is currently enrolled at Duke University with a 4.0 GPA, working on a Master of Science in Nursing, Nursing & Healthcare Leadership Degree. She will complete the program in December of 2014. Jennifer graduated from UCLA in 1990 with a degree in kinesiology. She is currently working as a nurse manager of the Emergency Department at the Veterans Administration Healthcare System in Palo Alto. "The graduate degree program will provide the foundation for me to effectively lead change in our complex and rapidly evolving national health care system," writes Jennifer in her essay. Her application is stellar with strong letters of application from well qualified professionals in the medical profession. She is a proven asset to her community and has strong passion for health care policy. Her Hellenic Heritage is a source of great strength and pride.



**Ariadni Konstantinos-Berris Spinali**

**Sponsor: Phaedra Chapter #64**

**Re-entry Award: \$1,000 -District 21 DOP Re-entry**

Ariadni is currently attending South Baylor University with a 3.98 GPA, working on a degree in Traditional Chinese Medicine. Her letters of support from South Baylor University speak about her being a successful student and dedicated practitioner. After graduation, Ariadni plans to open a clinic and practice with humility and dedication. She mentions that the connections with the Greek Orthodox Church and community have helped her find her life's path.

*more recipients on next page*



**Kirsten Elizabeth Settas**

**Sponsor: Ellis Chapter #89**

**Undergraduate Award: \$2,000 - DOP Past District Governors' League**

Kirsten is currently attending Spanish Springs High School with a weighted GPA of 4.6, in Sparks, Nevada where she will be receiving an honors diploma in June. She will be attending the University of Nevada in Reno in the fall with a major in geology with an emphasis in seismology. She has an impressive resume which includes a rigorous high school curriculum with a blend of AP courses and participation on the state championship golf team and the bowling team. Her letters of recommendation talk about her talents drive, and responsibility in school, in extracurricular and community activities. She is deeply devoted to her Greek Orthodox Faith and is involved in many parish activities. She offers time and a great deal of energy for the Greek Food Festival, Dance Group and Choir.



**Olympia Arianna Lappas**

**Sponsor: Sparta Chapter #18**

**Undergraduate Award: \$1,500 -District 21 Scholarship**

Olympia is currently a senior at Jim Elliott Christian High School with a 3.39 GPA in Lodi, California. She will be attending Loyola Marymount University in the fall majoring in business communications. She plans to continue growing in the Greek culture by taking a course in the Modern Greek language, participating in a Greek dance troupe and attending the Greek Orthodox Church that is near the ALMU campus. Fr. Pangiotis Sotiras writes: "Olympia is a dedicated parishioner in our community, who gives back, is selfless, kind, caring and treats everyone with respect." Faculty at her high school speak about her leadership strength, high caliber of character, academic excellence, athletic greatness and community service.



**Darien Jayne Malekos**

**Sponsor: Urania Chapter #290**

**Undergraduate Award: St;;OO -District 21 Scholarship**

Darien is currently a student at Carlmont High School with a weighted 3.9 GPA in Belmont, California. She will be attending UC Santa Barbara in the fall majoring in physiology. Darien's teachers speak highly of her academic skills and willingness to help classmates. As a volunteer for V.O.I.C.E.S. (Volunteers, Outreach, Involvement, Community Events and Services), she has participated in monthly service projects for the community. Darien grew up near the town's Greek Orthodox Church listening to the church bells and going to Liturgy. Her involvement in Greek dancing has not only taught her to cherish her heritage but also to admire the heritage of others. Teachers report that during the Greek Food Festival she gives away tickets to classmates so they can attend. She plans to join the Peace Crop after college graduation to learn about the heritage of others and also to help those in need.



## FREE TRIP TO GREECE, ATHENS MARATHON

**AHEPA Athens Marathon Team 2014**  
**Running the Course of the very first Marathoner**  
 Race day: November 9, 2014

Register now to run as part of Team AHEPA!  
 or  
 Support one of our Team AHEPA RUNNERS!

**WWW.AHEPA.ORG**

## 2014 Journey To Greece

The Ninth Annual  
 AHEPA / University of Indianapolis  
 Journey to Greece Summer Program

Session 1: June 24 - July 12, 2014  
 Session 2: July 15 - August 2, 2014  
 Sessions 1 & 2: June 24 - August 2, 2014

For more information visit:  
[www.ahepa.org](http://www.ahepa.org)



### *AHEPA Supports Military Family*

#### *Reading Program Through The USO!*

*AHEPA National President Dr. John Grossomanides announced the organization's support of military families by selecting the United Through Reading? Military Program as a national service project, working in cooperation with the United Services Organization (USO). United Through Reading is a program that enables service members to video record themselves reading books to their children back home and provides a DVD of the recording and a copy of the book to the child.*

*Go to the following links to learn more  
 and make a chapter or individual  
 donation for as little as \$10*

*Join Team USO-AHEPA and Make a Donation  
 Read About the Last "I Love You"  
 Feature in The Ahepan Magazine  
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### **WHO AM I?**

I am so frightened, confused, and lost.  
I remember a warm past and now it's frost.  
I had a family, a home, and places to go  
I live in the past, and I truly miss it so.

They tell me this place is my home, you see.  
Even in my addled state, it's not home to me.  
I long to be safe with the ones I truly love.  
My only consolation is my God from above.

I ate right, exercised and kept minimum weight.  
I took care of my home, children and loving mate.  
I was loved and needed and wanted and missed.  
I was praised, honored, caressed and often kissed.

Where did that long-gone wonderful existence go?  
I yearn for it. I pray for it. I miss it, I know.  
Shall I languish here and be sad year after year?  
All I can ask at this time is, "Why am I here?"

I had low blood pressure and cholesterol that was nil.  
I was strong, healthy and happy -- didn't pop a pill.  
I am astounded at the fate old age has dealt me.  
It's as if I never was -- never existed -- was never free.

Please help me find my way again to my old life.  
As a friend, a teacher, a mother, and a loving wife.  
All I do is sit in my wheelchair and constantly cry.  
Please come rescue me. Please help me. Who am I?

*Submitted and written by P.J. Rishard*



## Sparta #18 - Stockton

by P. J. Rishard, Lt. Governor



Stockton's Daughters of Penelope Sparta # 18, held a very successful loukoumades sale during coffee hour at St. Basil Church on May 4, 2014. As usual, JoAnne Panagopoulos produced the tastiest orbs ever. Her helpers were Maria and Stephanie Leles, daughters of District

Governor Kathy Leles. Many thanks, also, go to the many Sisters of Sparta who helped set up, serve and clean up after the sale.

The Stockton chapters of Sparta #18 and AHEPA #212 are also proud of District Governors Tom Chiarchianis and Kathy Leles. They are spearheading the reformation of the Sons of Pericles and formation of the Maid of Athena. The youth of Stockton have expressed sincere interest and are very excited that this project is on its way.



Sparta Chapter's fundraising efforts include this attractive and useful notebook. It is perfect for taking notes, especially at the WDR in Reno in June. They have been selling well. Only \$6.00, this is a great bargain and keepsake.

President Stephanie de Melo announced that Sparta # 18 has a FACEBOOK page. Check it out for updates, events & pictures. The chapter also has its own email address. We must remember to keep up with technology to remain current and viable. As always, Stockton rocks! (dopsparta18president@gmail.com)

Sisters Kathy Leles, P. J. Rishard, JoAnne Panagopoulos (District 21 Governor, Lt. Governor and Treasurer), and Stephanie de Melo Sparta #18 President) attended the Sisterhood Conference held in Sacramento on April 26. We commend Artemis #5 for

hosting a friendly, informative, and fun event. (Grand Lodge Treasurer, Jan Spanos presents a cool apron to P. J. Rishard).



Remember, all proceeds go to our applying students for scholarships. Buy a ticket to win the SAMSUNG GALAXY TAB 3 to help fund DOP scholarships. Raffle tickets are \$20 each for this excellent tablet. Please ask any member of Sparta for tickets. District Lt. Governor, P.J. Richard, is chairing this project. Please contact her 209 915-3541 or email prishard97@comcast.net. Thank you!

**Daughters of Penelope**  
**DISTRICT 21**  
**SCHOLARSHIP RAFFLE**  
**WIN A**  
**SAMSUNG**  
**GALAXY TAB 3**

**10.1" Screen**  
**16 GB + Wi-Fi**  
**\$400 Value**

**Raffle Tickets**  
**\$20 each**

**Winner will be chosen @**  
**Western Regional Convention**  
**Saturday, June 21 • Reno, NV**

## Oakland Chapter #153 News

by Marlene Panacci



### HELPING OUR FRIENDS AT THE ORTHODOX MONASTERY

Due to a motivated personal drive by District Lt. Governor William Anton, he was able to rally the troops in Chapter #150 (S.F.) for a donation of \$520, Chapter #171 (Oak) \$500, and Chapter #212 (Stockton) \$250. Not to mention Brother George Gianopoulos of our Fresno Chapter responded with a personal donation of \$100.

After many visits to the Monastery and bonding with the Orthodox priests and their mission, Brother Anton was moved to a level of great concern. Seeing the physical work they accomplish with their own hands and talents, it created a great passion within him to help raise the money needed to fulfill the large task put before them. They are not asking for a handout, JUST A HELPING HAND.

The county has mandated expensive walls to be constructed throughout the Monastery property with a cost of \$250,000. They do not expect any one group or persons to endure that cost, just \$100 or whatever we as a group or personally can afford. Remember they do the same work of the Lord as all the other ordained Orthodox priests.

For further information, Google: Greek Orthodox Monastery of Castro Valley. I am sure this will touch your heart and instill the urge to give that helping hand. You may send your donation to Bill as the priest's enjoy his visits and receiving the Ahepa Family generosity in person.

Remember this is not an official Ahepa project, just one Ahepan asking others to support a wonderful project within our Orthodox Community.

## Fresno Leto Chapter #71

by Dr. Eleni Rotous Rockas

“ALL THAT I AM OR EVER HOPE TO BE,  
I owe to my ANGEL MOTHER”

--Abraham Lincoln

Summer is almost upon us and we are enjoying the lovely spring weather before the hot summer sets in. We really enjoyed our Texas Hoe Down/Mardi Gras on February 22 chaired by Madelyn Jones and Dorothy Papangellin. Serving over 150 people kept us mighty busy but we had a “hootin’ good ole time.” We all learned how to square dance and sing together...looking forward to next year!!

Our newly initiated members are: Kathleen Demas and Vickie Dupont. Welcome to our Daughters of Penelope organization.

On March 12 the DOP and Ahepans all joined together to attend “ An Evening with Constantine Pappas ” at the theatre at the University of California at Fresno State. What an enjoyable evening...Constantine, who is a senior and Fr. Jim Pappas’ son has a marvelous baritone voice. We hope and pray he will be very successful as a professional opera vocalist.

In April we all joined together and held a wonderful “Sisters Day Out”. Planned by Sister Dorothea Gianopulos we all attended the movie, “ God is NOT Dead”. We highly recommend it as we had a great turnout and it was an inspiring movie. We all ate dinner afterwards at Westwood BBQ. Some of our husband Ahepans joined us.

We participated in a WALK FOR MULTIPLE SCLEROSIS which was held at Fig Garden Village in Fresno on Saturday, April 12. We had a great turn out of DOP Sisters and Brother Ahepans to support our sisters with MS. They joined the Fo Fighters Team.

On April 3, prior to our meeting, Sister Fotini Alfieris gave us and the Ahepans a very interesting presentation on MULTIPLE SCLEROSIS which involves an immune-mediated process in which an abnormal response of the body’s immune system is directed against the central nervous system. The immune system attacks the myelin, which surrounds the nerve fibers. This forms scar tissue (sclerosis) which gives the disease its name. The nerve impulses are distorted or interrupted, producing a wide variety of symptoms. The disease is thought to be triggered in a genetically susceptible individual by a combination of one or more environmental factors.

Our brothers and sisters will be attending “Art of Byzantium” at the J. Paul Getty Museum in Los Angeles on May 31. We have hired our own bus to take our one day trip.

We are looking forward to seeing all of you at the Ahepa-Daughters Regional Conference in Reno, Nevada in June.

## Fresno Ahepa Chapter #151 News

by Chris E. Rockas, PSC

The most important news this quarter of the year was our chapter's sponsor of a bus trip to the GETTY VILLA in Malibu, California, featuring the "HEAVEN AND EARTH: ART OF BYZANTIUM"

The excursion was organized by Brother George Gianopulos, our Excursion Tourist Guide. It was more than well worth it. The Art of Byzantium as well as the ancient Greek artifacts was superb. All participants called for more excursions in the future.

Recent elections for chapter officers were uneventful. Everyone was reelected except for Brother Ted Boosalis who did not run for Treasurer due to health reasons. Our

new treasurer is Brother Jim Boukidis. This election shows the confidence our membership places in our officers who have done an exemplary job.

To try and generate more enthusiasm and interest in our chapter, the executive board has started a "MEN'S NIGHT OUT" whereby our members gather once a month for dinner and substantive conversations. So far it seems to be working.

Our elected delegates for our Regional AHEPA Convention are: President Michael Makredes; Secretary Bill Booras; Chairman of our Board of Governors George Gianopulos; Andy Mastoras; Past Supreme Counselor Chris Rockas and Past District Governor Robert Sexton. We are in hopes that this regional get together becomes a model for other areas of our Ahepa Domain.



### THE GETTY VILLA

#### Heaven and Earth: Art of Byzantium from Greek Collections

April 9-August 25, 2014

Byzantine artists drew from pagan and early Christian foundations to fashion the opulent and deeply spiritual world of Byzantium (AD. 330-1453). The establishment of Christianity as the state religion

inspired the creation of luminous icons, textiles, architectural sculptures, frescoes, and mosaics to adorn basilicas throughout the empire. Prosperous monasteries illuminated sacred manuscripts and preserved monuments of Greek literature, while private patronage fostered the embellishment of daily life. The exhibition was organized by the Hellenic Ministry of Culture and Sports, Athens, with the collaboration of the Benaki Museum, Athens, in association with the J. Paul Getty Museum and the National Gallery of Art, Washington.



## San Mateo Urania Chapter #290

by Angeliki Sperow Trujillo, President

On May 4, 2014 at Three Restaurant, San Mateo CA the DOP Urania #290 Chapter, had an elegant luncheon celebration honoring four of our Past Presidents for their dedication, accomplishments and contributions. The honorees were presented with Service Awards by DOP President Angeliki-Sperow Trujillo. They were Sophia Fonti (2009/2010); Kalliope Fousekis (2003/2004 - 1997/1999 - 2100); Rosie Salis (2010/2011); and Demetra Sperow (2008/2009). Fifty year Service Awards were also presented to Dorothy Kirkonis (not present), Niki Icnas and Vivi Sarantitis. Malina Polakis, Charter Member, was also honored for her distinguished participation in our chapter.

Alexandros Mallas, President, AHEPA #392 presented Service Awards to Past Presidents Chris Frangos, George Fonti and Leo Maheras. A special service award and 50 year pin was also presented to Kosta Courcoumclis for his past contribution to the AHEPANS. Charter Senior Member Ilias Frangos (father of Chris Frangos and Kalliope Fousekis) a talented artist among his peers who also is a journalist for a nationwide newspaper in Athens Greece, was our unofficial Chaplain who led us in prayer before our luncheon.

In March of this year our Chapter had a Potluck Luncheon at the home of Stella Charonis. Stella entertained us with a delicious luncheon that was enjoyed by all our Sisters. There were many of our members that attended this luncheon. The main purpose of the luncheon was for our DOP Sisters to collect monies as part of our donation to purchase books relating to our Greek Heritage to the San Mateo Library. The books will benefit the local parents and children in our area to educate and enlighten the wonders and boundless history of our culture. Aside from our contributions, we also had the joy of visiting and commiserating with our Sisters.

In April, I had the honor of inviting our sweet and

loyal Sisters to my home for a potluck luncheon. Unfortunately there were other events happening at the same time so the numbers attending were rather small (around a dozen of us) however it was still extremely successful. It was decided by our members to focus our concerns in helping the underprivileged here in our area taking up a collection for a local charitable organization named Pacifica Resource Center. This organization help our local residents who are struggling to make ends meet. They work with businesses, organizations and individuals in the neighborhood to provide food, housing assistance and basic needs to our neighbors. They are also the only agency in San Mateo County to provide these basic human needs to our residents. The Daughters appreciate that we have the opportunity as a charitable organization to help our neighbor the homeless, as well as our own members when or where there is a need for a helping hand. Our donations and contributions were very successful in our venture. Total contributions amounted to \$125 which was sent to the Pacifica Resource Center along with a letter stating our wishes are in the hopes of helping one or more families in need.

I want all of you to know, it has been an honor and a privilege to have been elected as the President of our San Mateo Chapter for the past year. I feel it is a labor of love to organize, communicate and plan events that will enhance and encourage our Sisters to get involved with community projects. Best of all, when we are gathered together at one of our members home, there is more time to get to know each other, find common interests and learn all the wonderful attributes and genuine friendships that are formed and developed. I believe it is important we reach out to our Christian friends and neighbors and encourage them to join this wonderful organization. With all of our efforts we are bound to increase our membership. God Bless our sweet DOP Sisters and AHEPAN Brothers for their concerted efforts their heartfelt generosity and their love in helping our fellow man.



Past President's Luncheon  
May 4, 2014

Left to right:  
Lisa Maheras,  
Mary Bozigos,  
Alicia Frangos



## San Mateo Past President's Luncheon

Leo Maheras (Past President)  
 Chris Frangos (Past President)  
 Alexandros Mallas, President  
 Kosta Courcoumelis (Ahepan Member)  
 Leo Fonti (Past President)

Kalliope Fousekis,  
 Recording Secretary  
 Niki Lenas, (50 yr member)  
 Sophia Fonti (Past President)  
 Angeliki-Sperow Trujillo  
 (DOP President)  
 Demetra Sperow (Past President)



Spiros Frangos,  
 Ilias Frangos  
 Kosta Courcoumelis

### San Mateo Ahepa Family Past President's Luncheon



Daisy Fernandez, Clara Nichols and Vivi Sarantitis



Bessie Malekos, and Edie Christofarides

Eleni Courcoumelis  
Lea Lyberopoulos  
Shareen Frangos



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# Reno Ahepa Family - Ahepa Chapter 281 and Daughters of Penelope Elis Chapter 89



by Stephanie Tsanas,  
President, Elis Chapter #89

Ahepa Chapter 281 and Daughters of Penelope Elis Chapter 89 are the host chapters for the first Western Regional District Convention. We want to welcome members of the AHEPA family from the four Districts, 17, 20, 21 & 22, encompassing 13 Western States who will be attending. May your stay be entertaining, exciting and rewarding!

Other chapter news. Our chapters hosted a Cultural Brunch - see attached flyer. Eleven different countries were represented.

Looking forward to seeing you in Reno June, 19th.



## AH.E.P.A. & Daughters of Penelope

### On Ahepa/Daughters Family Day Present the **Pan Cultural Brunch**

Sunday after Liturgy May 18, 2014

						
Christ Pantocrator Creator of All	St. Gregory of Nyssa Antiochian Icon	St. Moses Ethiopian Icon	St. Seraphim Russian Icon	St. Juvenaly American Icon	St. Parascheva Romanian Icon	St. Sava Serbian Icon

We are so fortunate to have a diverse cultural congregation at St. Anthony Greek Orthodox Church. This is a time to share our different heritages with all of our parishioners. This is our fourth brunch in which all the different ethnic groups that make up our parish can display their food, music, pictures, dress, etc.

We need parishioners from all ethnic backgrounds to provide samples of food from their heritage. Contact Stephanie Tsanas 775-762-4811 or [stsanas@gmail.com](mailto:stsanas@gmail.com) if you want to contribute a dish. Make it small portions for 100 people. We cannot accept last minute items, so please contact Stephanie ahead of time by May 11.

Where? **Gasanos Large hall- St. Anthony's Greek Orthodox Church**  
 When? **After Sunday Liturgy May 18 FUNDRAISER FOR AHEPA/DOP/CHURCH**  
 Admission: **ADULTS \$10 CHILDREN (6-12) \$5 CHILDREN under 6 free**  
 R.S.V.P. By **May 11** to: John and Joan Lagios at 775- 882-2421 or [jelagios@gmail.com](mailto:jelagios@gmail.com)

						
St. Gertrude & St. Gudul Dutch Icon	St. Photini Cretan Icon	St. Joseph of Damascus Syrian Icon	St. Wigbert German Icon	St. John the Wonderworker French Icon	St. Killian Irish Icon	St. Lucia Italian Icon

## San Francisco Ahepa Family - EOS #1 Chapter - Golden Gate Chapter #150

by Marion Parashis

### **Past Presidents Luncheon**

Sunday, March 9th, 2014 Ahepa Golden Gate Pacific Chapter #150 and Daughters of Penelope EOS#1 presented the Past Presidents' Luncheon honoring Ahepan Nick Johnson (2010-2012) and me, Daughter of Penelope EOS#1 Marion Parashis (2011-2013). Elaborate, exquisite, elegant and entertaining describe this outstanding event held at the Basque Cultural Center in South San Francisco, Ca. I personally wish to sincerely thank Sisters Adamantia Antonis and Charlyn Fotinos and their committee, Sisters Stella Kyriakis, May Kireopoulos, Christie Tsiplakos, Annette Chiappari, and Eva Skoufis for this beautifully planned luncheon which consisted of Salmon, Veal, or Chicken and a gorgeous as well as delicious cake centered on each individual table for dessert. Candy mints thanking everyone for attending were also on each table. A program listing the certificates and pins to honor those deserving and a poem I had written especially for this occasion were also placed for each individual to keep as a remembrance. Exquisite red roses decorated the entrance as well as pictures of Brother Nick and his family along with pictures of myself and my family. Entertainment was delightful as our very own Sister Edie Delegans created music to the words of my poem, "Marion and Nick", and sang with the voice of an angel. A special thanks also to Brothers Elias Tsiknis (President of Golden Gate Chapter #150), Paul Eliopoulos, and Pete Kireopoulos as well as to President of EOS#1, Sister Elaine Makras and Past President Vaso Moulas for their cooperation and assistance to the Committee. I felt loved and awed by the display of respect, devotion and support shown to me and to my family. This special day will always live in my heart, and I thank all of the Ahepan Brothers of Golden Gate Chapter #150 and all of my Sisters in EOS#1 for their loyalty and affection. Together we will continue to encourage and promote all that is worthwhile. Again, I thank you!

### **Sisterhood Conference**

Eos#1 President Elaine Makras and Sisters Annette Chiappari, Sophia Goultas, May Kireopoulos, Marion Parashis, Eva Skoufis and Foula Vasilogiorgis attended this year's Sisterhood Conference hosted by Artemis #5 and held at the Hyatt Regency in Sacramento, Ca. Once

again, the true spirit of Sisterhood was expressed and enjoyed as Sisters from Districts 17, 20, 21 and 22 were reunited and friendships rekindled.

### **Agape Dinner**

CHRISTOS ANESTI! Once again, the Ahepan Family of San Francisco consisting of the Golden Gate Pacific Chapter #150 and the Daughters of Penelope EOS#1 had their significant, traditional as well as scrumptious Agape Dinner consisting of Greek salad, lamb, minestra, string beans, red eggs, and tsourekis, and dessert was Galatoboureko and Koulourakia at Holy Trinity Church on April 24, 2014. Brother and President Elias Tsiknis was the Chairman and Brother Nick Johnson and Sister Brenda Johnson were the Co-Chairmen. Sisters Yvonne Stamatakis, Eva Skoufis, Sophia Goultas, and Christina Johns were the exceptional bakers and Stella Kyriakis and May Kireopoulos were the Reservation Chairmen. Many Sisters and Brothers helped to assist in the table settings, decorations and serving of this delicious food. A tremendous and most appreciated THANK YOU goes to Brother Sam Chicco for yet again donating all the lamb cooked for this spectacular event! Christ died on the Cross because of His love for us, and this unique Family of Brothers and Sisters celebrate His divine love by having an Agape Dinner every year. One year this dinner is held at Holy Trinity Church and the next year it is held at Annunciation Cathedral giving both San Francisco Churches a chance to host this beautiful Family Affair. It goes without saying this "Agape" is truly demonstrated between these San Francisco Brothers and Sisters when one observes how well they coordinate and communicate and bring their goals and objectives together in the end. God bless them and CHRISTOS ANESTI!

### **Ahepa Day**

#### **CHRISTOS ANESTI!**

Ahepa Day at Holy Trinity! Not too many Ahepan Family in attendance, but such worthwhile and gifted words and sentiment! Father Aris read a unique and inspiring message from our Archbishop Demetri before performing the beautiful, awesome service honoring so many Ahepan and Daughters for their philanthropic works in our United States and the World! I was humbled, but proud to belong to such a worthy, outstanding organization! The love I hold in my heart for my Sisterhood will never cease!

Inspiration! Adoration! Devotion! Just words, but after sitting today at lunch with one of our own and listening to her “second” life, I felt I honestly had to share! AXIA! That is all I have to say! Axia! She can be totally described as “AXIA”!

Sister Mary Chicos has always had a certain, special place in my heart, but after today, WOW! She came here from Greece at 19 years of age. She said she knew after joining the Daughters she would never be alone! A second chance in life and a new beginning was hers for the making. Yes, she was a “phone call” away from support, company, chats, love, understanding, camaraderie! The list goes on-----! Her love for our Daughters of Penelope is strong and will remain so. She compared herself to me. Now, my story----!

I have been given a second chance in life as well, and today, a special Ahepan Day on our calendars, we discussed my past and present. My cousin Ethel gave me this new second life I hold with tenderness. I owe her and the Daughters of Penelope EOS#1 for my new beginnings! You can't live your life through your children, their spouses, and grand children, no matter the temptation or how much you love them. They have their own lives and careers and challenges. They don't need a “Pethera” to guide them, right? As Sister Mary explained, I had an outstanding, unique, special relationship with my husband whom I will never forget, and a life raising my children and being in their “faces”! I respected all my in-laws, and lived my life loving and cherishing them all! Now, it's time for my new beginning so my children can live their lives in a healthy, independent environment! My support and love will always be their anchor!

This Sisterhood, these Daughters are my joy to totally put on a collectible shelf and hold close and dear to my heart! I am too old to have “new” beginnings, but I can live the rest of my life knowing I still can help those in need and have fun in the meanwhile.

Sister Mary Chicos, you made my day! I can only respond and refer to you as AXIA, because you are splendid! THANK YOU FOR SUCH SOULFUL WORDS!

I know all of you, my Koukles, have a story to tell as well! Today with my EOS#1, the Ahepans and in Holy Trinity Church, I felt honored, humbled and so loved! Words will never express what I hold dear in my heart! AXIA is the descriptive word I can place after the name, Sister Mary Chicos! She's a RARE GEM!

Our President and sweet Sister Elaine Makras was

gorgeous, too! She will bring the “bread” to our next meeting to be cut and served to each of us.

Sister Diane Angelopoulos did the baking for the Artoclasia and, what else is new? She is really our very special “DAUGHTER” of our Chapter, and will remain so! Thanks to her and her gifted hands! Now, she never says, “No”!

A story I am sure can be told by each and every one of you! Sometimes, one word, a glance, a smile, a wink, a hug or a hand shake can be the trigger! Today, Father Aris, the awesome ceremony and Sister Mary Chicos were three of my “triggers”! Second chances don't come too often, but when they do, we need to realize and grasp them!

I truly have been blessed with the love of an unforgettable husband, my three precious gifts from God ( my children), and three treasured grandkids! Needless to say, my Chapter EOS#1 is my true and total inspiration for my new life! I am so filthy rich, I can put Wall Street to shame (hahahaha)! MONEY? Who needs “money” except to pay bills and eat, right? With our Ahepan Family, especially the Daughters of Penelope, we will always be splendidly rich and utterly fulfilled! We will always survive and celebrate!

Have a story to tell? Go for it! Today would be the ideal time to embellish.

My Love and Respect in Theta Pi.

*This picture and the pictures on the following pages were submitted by Stella Kyriakis and reflect the articles above.*



**President Elaine Makras with Past President Marion Parashis**



Marion Parashis and District Governor Kathy Leles



Chapter Daughter of the Year Diane Antonis and Chapter Penelope of the Year Vaso Moulas



Brother Jim Dariotes receiving his 50 year membership pin from President Elias Tsiknis with Lt. Gov. Bill Anton



Voula Moulas, Marion Parashis, DG Leles and C. Tsiplakos



100th year birthday wishes to Brother Saribalís who is the oldest chapter member of 77 years.



Saribalís cutting birthday cake.





E. Antonis, J. Tsiplakos, E. Phillips, P. Kireopoulos. S. Fotinos, S Chicos

Diane and Ernest Antonis



PP N. Johson and President E. Tsiknis

Eos #1 members receiving 10 year certificates



Right to left below:  
 L. Sahines, PDG with District Daughter of the Year M. Kiriopoulos.  
 C. Fotinis and Pres. Makras awarding 40 year pin to A. Georgiou and 25 year pin to A. Chiappari.

Mary Chicos receiving Apostolidis Sononfield' 50 year pin from Pres. Makras

Pres. Tsiknis with Dr. Saribalis



Eos members attending Sisterhood Conference and Agape Dinner



## AHEPA/DOP HONOR HIGH SCHOOL GRADUATES

The San Jose Chapters of the Order of AHEPA and the Daughters of Penelope honored the 2014 High School Graduates at a luncheon on Sunday, May 18th (AHEPA DAY!) following Holy Liturgy. Over one hundred members, clergy, families, and guests joined the graduates to celebrate their achievement.

Out of the twenty 2014 graduates, fifteen graduates were able to attend the luncheon. Presidents Dr. George Zioulas of the San Jose Silicon Valley AHEPA Chapter and Mrs. Cathy Photopoulos of the San Jose Daphne Chapter of the Daughters of Penelope presented each student graduate with a Certificate of Achievement and a gift of \$100. Congratulations!!

Dr. Zioulas gave a brief history of AHEPA as well as its past and present projects and achievements on the local, national and international stage. He also discussed the opportunities of being a member of the AHEPA and DOP as well as the junior orders - Sons of Pericles and Maids of Athena. The graduates showed an interest in the Order by providing their contact information.

The luncheon was prepared by Ahepans Nick Kominanos, and Nick and George Pries. Daughters of Penelope Dora Koutousakis, Janie Koutousakis Swenor and Christine Sarratinos served the meal.



**GRADUATES WITH PRESIDENTS DR. GEORGE ZIOULAS AND MRS. CATHY PHOTOPOULOS  
WITH 12TH GRADE CHURCH SCHOOL TEACHER MR. TOM BUNDROS**

# Daphne #29 San Jose Barbecue to raise funds for the Hellenic Heritage Institute Museum

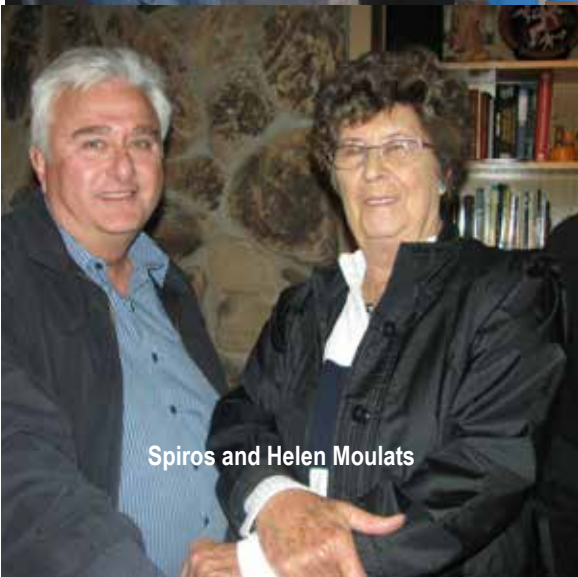
Barbecue was hosted by Dr. Sam and Cathy Photopoulos at their home on Saturday, May 10th and catered by Famous Dave's resulted in a very successful fundraiser for the museum.



Georgia Ellis, Janie Swenor, Cathy Photopoulos, Theo & Elizebeth Fkiaras, Julia Long, Cassandra Skordilis



Andrea Papa and Mom Cathy Photopoulos, with Elizebeth Fkiaras



Spiros and Helen Moulats



Marina Moustakas, President and Founder of the HHI Museum; George Berberis, daughter Sofia and wife Rosemary.



And a little Greek dancing fills out a great successful event.

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	11-Night Golden Gate Alaska Cruise	2015 - May 15	California: San Francisco; Alaska: Ketchikan, Icy Strait Point, Juneau, Tracy Arm Fjord (Sawyer Glacier); British Columbia: Victoria; Oregon: Astoria; California: San Francisco
	12-Night Golden Light Alaska Cruise	2015 - May 26	California: San Francisco; Alaska: Sitka, Juneau, Skagway, Haines, Tracy Arm Fjord (Sawyer Glacier), Ketchikan; British Columbia: Nanaimo, Victoria, Vancouver
	12-Night Golden Light Alaska Cruise	2015 - Aug 23	British Columbia: Vancouver; Alaska: Tracy Arm Fjord (Sawyer Glacier), Sitka, Juneau, Icy Strait Point, Skagway, Ketchikan; British Columbia: Victoria; Oregon: Astoria; California: San Francisco
	14-Night Golden Gate Alaska Cruise	2015 - Sep 4	California: San Francisco; Alaska: Sitka, Haines, Skagway, Icy Strait Point, Juneau, Tracy Arm Fjord (Sawyer Glacier), Ketchikan; British Columbia: Victoria; California: San Francisco
	17-Night Eastbound Panama Canal Cruise	2015 - Sep 18	California: San Francisco, Monterey; Mexico: Cabo San Lucas, Puerto Vallarta; Guatemala: Puerto Quetzal; Costa Rica: Puntarenas; Panama: Panama Canal (Cruising), Colon; Colombia: Cartagena; Florida: Fort Lauderdale

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## ORDER OF AHEPA

### Chapter Presidents and Secretaries 2013-2014

CHAPTER	PRESIDENT	SECRETARY
<b>Golden Gate Pacific #150</b> First Wednesday Holy Trinity Church 999 Brotherhood Way San Francisco, CA 94132	<b>Elias Tsiknis</b> 6524 Mission St Daly City, CA 94014 650 994-3322 roumeligr@greekimportsinc.com	<b>Paul G. Eliopoulos</b> 1091 Las Pavadas Ave. San Rafael, CA 94903 415 479-5868 paulgelipoulos@aol.com
<b>Fresno #151</b> First Wednesday St. George Church 2219 N. Orchard Ave. Fresno, CA 93703	<b>Michael Makredes</b> 8833 N. Woodrow Ave. Fresno, CA 93720 559 297-5345 1mak5@comcast.net	<b>Bill Booras</b> 1125 S. Clovis Ave. #104 Fresno, CA 93727-5300 559 255-3367 vasiliosbooras@att.net
<b>Sacramento #153</b> Third Tuesday Church of Annunciation 614 Alhambra Road Sacramento, CA 95864	<b>Ted Leonis</b> 2306 Ferndale Ct Roseville, CA 95661 916 773-0215 tedleonis@msn.com	<b>Andreas Yerocostas</b> 1554 Parkway Dr. Folsom, CA 95630 916-337-0898 andreasyerocostas@yahoo.com
<b>Oakland #171</b> Second Tuesday Ascension Cathedral 4700 Lincoln Ave. Oakland, CA 94602	<b>Dionysios Litsas</b> 2436 Hearst Ave. Oakland, CA 94602 510 482-2451 fossilaron@sbcglobal.net	<b>Apollo Papafrangou</b> 5801 Broadway Oakland, CA 94618 510 652-9545 apollop@aol.com
<b>Stockton #212</b> Second Wednesday St. Basil Church 920 March Lane Stockton, CA 95207	<b>George Buck</b> 9115 Ashburn Dr. Stockton, CA 95209 209 478-8903 gbgreekgod@aol.com	<b>George Chimiklis</b> 33 Copper Meadow Dr. Copperopolis, CA 95228 209 785-1021 gchimiklis@yahoo.com
<b>Solano #217</b> Third Wednesday St. Nicholas Church 1224 Alabama Street Vallejo, CA 94590	<b>Roger Smith</b> 502 Avlon Way Suisun, CA 94585 707 429-3264 ras1948@aol.com	<b>Arnold Dorer</b> 363 Valley Vista Vallejo, CA 94590 707 553-2095 dorervaljejo@aol.com
<b>Marysville #228</b> Second Thursday 929 11th Street Marysville, CA 95991	<b>Stephen Payton</b> 609 McDevitt Dr. Wheatland, CA 95692 530 633-0750 spay@att.net	<b>Andrew Kantargis</b> 724 Andrew Dr. Yuba City, CA 95991 530 671-6286 ajki@syix.com
<b>Modesto #246</b> Third Tuesday Annunciation Church 313 Tokay Ave. Modesto, CA 95350	<b>Stamus Cocolos</b> 2105 Melville Place Modesto, CA 95356 209 545-1787 scocoles@yahoo.com	<b>Fred Thompson</b> 417 Heartland Pl Manteca, CA 95337 209 825-2227 thomasoft@verizon.net
<b>Silicon Valley #251</b> Second Tuesday St. Nicholas Church 1260 Davis Street San Jose, CA 95126	<b>Dr. George Zioulas</b> 5336 Dellwood Way San Jose, CA 95118 650 867-2595 gzioulas@yahoo.com	<b>Bill Christie</b> 3327 Lake Albano Cir San Jose, CA 95135 408 531-9211 billchristie1@mac.com
<b>Contra Costa #259</b> Second Wednesday Home Federal Bank Walnut Creek, CA	<b>Petros Priftis</b> 100 Southwind Dr. Pleasant Hill, CA 94523 925 628-2217 petros.priftis@safeway.com	<b>George Tsapouklis</b> 4400 Tryndall Ct. Concord, CA 94520 925 798-7653 tsapouklis@sbcglobal.net
<b>Reno #281</b> Third Thursday St. Anthony Church 4795 Lakeside Drive Reno, NV 89502	<b>Dr. John Lagios</b> 2600 Combs Canyon Carson City, NV 89703 775 892-2421 doclagios@gmail.com	<b>John Copoulos</b> PO Box 2517 Carson City, NV 89703 775 883-7332 ioannis51@sbcglobal.net
<b>San Mateo #392</b> Fourth Thursday 241 Park Ave. Burlingame, CA 94010	<b>Alexander Mallas</b> 3937 B Colegrove St. San Mateo, CA 94403 650 345-4742 almallas@yahoo.com	<b>Chris Frangos</b> P.O. Box 1232 Millbrae, CA 94030 650 868-2402 ChristoFrangos@gmail.com



## DAUGHTERS OF PENELOPE

### Chapter Presidents and Secretaries 2013-2014

CHAPTER	PRESIDENT	CORR: SECRETARY
<b>Eos#1</b> San Francisco First Wednesday Holy Trinity	<b>Elaine Makras</b> 688 St. Francis Blvd. Daly City, CA 94015 (650) 755-1349 emakras@aol.com	<b>Penelope Wasley</b> 2014 48th Ave San Francisco, 94116 415 665-4448 apiperswife@yahoo.com
<b>Echo #4</b> Oakland Second Tuesday Ascension Cathedral	<b>Emilene Fearn</b> 733 Longridge Rd Oakland, CA 94610 510 451-3490 emmyf@pacbell.net	<b>Cleo Lekas</b> 4241 Coolidge Ave. Oakland, CA 94602 510 531-3451 cleolekas@yahoo.com
<b>Artemis #5</b> Sacramento Third Tuesday Annunciation Church	<b>Pauline Cazanis</b> 633 Riverlake Way Sacramento, CA 95624 916 393-7506 paulinecazanis@att.net	<b>Athena Hallock</b> 8627 Diamond Oak Way Elk Grove, CA 95624 916 997-4819 athenahallock@me.com
<b>Sparta #18</b> Stockton Second Wed St. Basil Church	<b>Stephanie deMelo</b> 2413 St. Pauls Court Modesto, CA 95355 209 918-1175 dbgreek@aol.com	<b>Angela Gibson</b> 132 E. Churchill St. Stockton, CA 95204 209 483-3058 akgibson@sbcglobal.net
<b>Daphne #29</b> San Jose Second Tuesday St. Nicholas Church	<b>Cathy Photopoulos</b> 13774 Fortuna Court Saratoga, CA 95070 408 315-9450 kaitoulamou@aol.com	<b>Linda Belba</b> 4107 Middle Park Dr. San Jose, CA 95135 408 238-7732 ljbella@yahoo.com
<b>Phaedra #64</b> Modesto Third Tuesday Annunciation Church	<b>Tina Gianopoulos</b> 828 McGuire Modesto, CA 95355 209 342-0690 tinaki26@gmail.com	<b>Dena Stamos</b> 1613 Linwood Dr. Modesto, CA 95350 209 524-5879 horo711@aol.com
<b>Leto #71</b> Fresno First Wednesday St. George Church	<b>Phyllis Makredes</b> 8833 N. Woodrow Fresno, CA 93720 559 297-5345 1mak5@comcast.net	<b>Cyndi Boukidis</b> 2657 Austin Ave. Clovis, CA 93611 559 291-2955 cboukidis@msn.com
<b>Elis #89</b> Reno Third Sunday St. Anthony Church	<b>Stephanie Tsanas</b> 203 Buckland Dr. Reno, NV 89511 775 762-4811 stsanas@gmail.com	<b>Marilys Mandelos</b> 993 Ridgeview Dr. Reno, NV 89511 775 826-5195 mmandelos@yahoo.com
<b>Maeonia #273</b> Vallejo Third Wednesday Sts. Constantine & Helen Church	<b>Mary Dorer</b> 363 Valle Vista Vallejo, CA 94590 707 553-2095	<b>Demetra (Demi) Stall-Nash</b> 1018 Capitol St Vallejo, CA 94590 707 208-4605 demetranash@yahoo.com
<b>Urania #290</b> San Mateo Third Thursday 241 Park Ave. Burlingame	<b>Angeliki Trujillo</b> 732 Big Bend Dr. Pacifica, CA 94044 650 359-5868 angeliki01@comcast.net	<b>Alicia Frangos</b> 61 Sequoia Ct San Carlos, CA 94070 650 595-2036 alifrangos@gmail.com
<b>Harmonia #367</b> Walnut Creek First Thursday TBA	<b>Diana Vlahos</b> 712 Bancroft Rd. #323 Walnut Creek, CA 94598 925 952-4316 dikoukla@aol.com	<b>Elizabeth Wellington</b> 37 Lost Valley Dr. Orinda, CA 94563 925 295-5904 lizw3@yahoo.com

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Small Ad (1/8 Page) \$70 per year  
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 Single Issue Ad \$50

The AHEPA Traveler is published each quarter, four times a year.  
 Fall/September - Winter/December - Spring/March - Summer/June

MAIL AD and CHECK (payable to Ahepa District #21) TO:

Bill Booras  
 1125 S. Clovis Ave., # 104, Fresno, CA 93727  
 Tel/Fax: 559 255-3367 Email: vasiliosbooras@att.net

for more information  
 Call 559 255-3367 or 408 292-9881