

Ahepa Traveler



CHAPTERS THROUGHOUT NORTHERN CALIFORNIA AND WESTERN NEVADA

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OFFICIAL PUBLICATION OF DISTRICT 21

Summer/June 2020

AHEPA Statement in the Wake of the Killing of George Floyd and Civil Unrest

Supreme President George G. Horiates has issued the following statement:

The Greek American and African American communities have shared strong ties and moments of history together in America.

Young Greek men in the South were taken along with young black men from their jobs by the KKK to lynching “parties” in the woods as a means of intimidation where Greeks were roughed-up and were told to leave town. The black men were not so fortunate and were lynched.

Archbishop Iakovos marched with Reverend Dr. Martin Luther King, Jr. at Selma. Fifty years later, Ahepans returned to Selma to walk with the African American community. AHEPA has partnered with organizations to combat modern-day bigotry.

AHEPA today is firmly committed to the principles that undergirded its founding and encourages the public to learn more about it. We unequivocally condemn all acts of racism, discrimination, bigotry and hatred and senseless acts of violence. We stand with the African American community in the pursuit of justice in the killing of George Floyd and in holding all those responsible for his tragic death accountable, including the other three police officers present with officer Derek Chauvin.

The civil rights of every person – regardless of the color of their skin, of their creed or religion, from where they or their family have come, of their health or ability, of their gender identity, or whom they love – are protected by law, and the state and its officials are bound by those laws. As much as we encourage swift, transparent, fair and thorough justice from state and federal governments that are accountable to We the People, we also remind everyone who is angry and outraged that the best way to continue the fight against racism and bias in our culture is for all of us to unite in informed, honest, respectful and passionate advocacy. Together.

Peaceful, non-violent protest is a core principle in effecting change and administering justice. Those that pervert this core principle by rhetoric or senseless destruction damage our union and inflict harm on our society.

In a 2015 address to AHEPA, Civil Rights Icon U.S. Congressman John Lewis quoted the late A. Philip Randolph, organizer of the 1963 March on Washington, saying: “Maybe our foremothers and forefathers all came to this great land in different ships, but we are all in the same boat now.” Congressman Lewis also thanked the Greek American community for answering the call in 1965 and 2015. The hand of philotimo is extended again.

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Article III – This Order shall be non-partisan in politics and non sectarian in religion. All partisan political and all sectarian religious discussions are prohibited in any official deliberations thereof.

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Will Travel



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AHEPA District Governor's Message



“We must speak and speak loudly against the injustice in our country. It is our moral duty and obligation to uphold the sanctity of every human being. We have faced a pandemic of grave physical illness, but the spiritual illness in our land runs even deeper and must be healed by actions as well as words. And so, I will continue to stand in the breach together with all those who are committed to preserving peace, justice, and equality for every citizen of goodwill, regardless of their race, religion, gender or ethnic origin.”

Archbishop Elpidophoros, June 3, 2020

Dear Brothers and Sisters of the AHEPA Family,

Hope everyone is safe and well with this COVID-19 Pandemic that has impacted us world-wide.

It is a year since the District Convention at Stockton honored me electing me as District Governor; we have had a busy year!

With the strong support of the District Lodge and the help of all of you we started immediately exploring and implementing new ideas. We have regular monthly District Lodge web conference meetings starting back in July and we work towards membership growth using technology, email, newsletters, Facebook and membership software program.

In December we had the honor to welcome to our District for a three days visit our Supreme President, Brother George Horiates. Most of us we had the opportunity to meet him in person and he had the opportunity to enjoy warm hospitality and meet the Greek American community, the clergy and His Eminence Metropolitan Gerasimos

We managed with the District Lodge to complete most Chapter visitations before the Winter Conference of 2020 at Holy Trinity, SF. I would like to take this opportunity to thank Sister Linda Belba, DOP District Governor for her great help and support in these efforts.

How does COVID-19 affect AHEPA District 21?

- All events in person were canceled due to shelter-in-place measures
- Every Chapter checked members well being
- Initiated chapter and district Tele-meetings (conference calls)
- Most Chapters started conference call meetings until we can meet in person.
- Call DG Alexander if you need assistance in setting up a conference call for your chapter.

Scholarship Status (Mark Hallock DS, Chairman)

- Congratulations to all the graduates of this year!
- Candidates reviewed and selections completed June 16, 2020.
- Recipient list will be published shortly

AHEPA District 21 Housing Project Status (Steve Bolaris, PDG, Committee Chairman)

- We have established a team to begin reviewing

District Convention/ Elections

- Western Region District Convention (WRDC) has postponed for next year 2021
- The current District Lodge will remain, with a decision of the District Lodge and Chapter Presidents, until next year elections at our District Convention. A vote of approval will approve the decision at the next Fall/ Winter District Conference.

- AHEPA National Convention has been cancelled for this year.

Stay safe stay well!

Fraternally,

Alexander Mallas

District Governor 21

Daughters of Penelope District Governor's Message



Dear Sisters and Brothers,

I hope and pray that every one of you and your family is safe and healthy. I want to say that due to COVID – 19 I especially miss the fellowship of our order; the various meetings where we share, the special events we have to raise money for our philanthropies, and the conventions where we plan ahead for the advancement of our order. I know we will find a way to move forward despite the challenges we face right now, and I look forward to the days when we will be seeing each other again. As our Grand President

Celia Kachmarski says, ***Remember, together we are Stronger! Together we Thrive!***

Our 2020 WRDC (Western Regional District Convention) has been postponed and rescheduled to June 17 – June 20, 2021 in Seattle at the same hotel and will be hosted by District 22. Details will be forwarded as soon as we receive them.

Our DOP District 21 lodge decided to cancel having a 2020 District 21 Convention. We received an email from DOP Headquarters on March 25 that had options for each district to consider regarding whether or not to have a 2020 District Convention.

District 21 Lodge members got in touch with each Chapter President by phone and email and asked if their members would attend a video/teleconference or would prefer we cancel. The lodge met and shared their results. We decided to cancel our 2020 Convention. By doing so, we agreed to the following:

- Each D21 lodge member agreed to stay on in their position for another year. Thank you, ladies!
- We will still have the same projects as last year.
- We will use the same budget as last year.
- We will tentatively keep the same list of scholarships. But since we administer scholarships from other financial sources, we will check with them before agreeing to keep them in our scholarship awards list.

AHEPA Family Supreme Convention 2020 has been cancelled as Disneyworld is unable to host our convention due to COVID-19. The 99th AHEPA Family Supreme Convention 2021 will be held in Athens next year from July 25 – July 31, 2021. More information will be sent out later this summer.

Our 2019 – 2020 DOP D21 Opportunity Drawing has been extended to the weekend of the 2021 WRDC convention in Seattle. The proceeds will go to the D21 Scholarship program and the St. Nicholas Ranch.

Ticket price is 3 tickets for @20.

Prizes: 1st Prize - \$1,000, 2nd Prize - \$500 (2 winners), 3rd Prize - \$300.

Let's try to sell all our tickets by next June!

On behalf of the District Lodge – Laurie Sahines, Angela Christon, Mary Gavrilis, Sherri Darpinian, Helen Sexton, Foula Vasilogiorgis and I want to thank each and every one of our D21 members (AHEPA /DOP/SOP/MOA) for your hospitality, your hard work and your support. We wish you Love, Happiness and Sunshine this summer and that we love, respect and miss seeing each and every one of you!

continued on next page

Daughters of Penelope District Governor's Message continued

I'd like to close with a poem I found in the book 'WISDOM Poetry and Insights of Alexandra Apostolides Sonenfeld' our founder of Daughters of Penelope:

The Very Kindest, Gentlest Thing

The very kindest, gentlest thing
Is this, in any land,
That can be said by anyone
Is this, I understand

In grieving times or happy
In pity or in joy
To show with grace and silence
I understand employ

This saying, in any language, means
An understanding heart,
Full of compassion, when there's need,
This is the gentlest Art

And so it is at such a time
When hears, in any land,
The kindest act in word or thought
Is this, I understand

Love in Theta Pi,

Linda Belba

District 21 Governor



AHEPA Donates \$30,000 to Support Public Health in Greece amid COVID-19

Order of AHEPA will donate \$30,000 to an Athens-based research center working to support the public health of the people of Greece in response to the coronavirus pandemic, announced Supreme President George G. Horiates.

AHEPA's donation to the Center for Epidemiology and Outcomes Research (CLEO) will contribute to the development and implementation of a robust on-the-ground training program for healthcare professionals working in the newly established COVID-19 primary care centers and COVID-19-dedicated hospitals in Greece. In addition, AHEPA's donation will back time-sensitive and vital research on the spread of COVID-19 in Greece through data collection and biostatistical analysis performed at CLEO.

Dr. Theoklis Zaoutis, who founded CLEO in 2011, will lead the research. He also serves in an advisory role at Greece's Ministry of Health where he has played an integral part of the ministry's outbreak management team and contributed to the government's response to the coronavirus pandemic. He also has served as ministry's spokesperson.

"AHEPA and the people of Greece are fortunate to have Dr. Zaoutis serving the

medical and public health profession during this time of crisis," Horiates said. "AHEPA is proud to back his research."

Dr. Zaoutis, is a member of Hercules-Spartan Chapter 26, Philadelphia. He is also a professor of Pediatrics and Epidemiology at the University of Pennsylvania School of Medicine and is a member of the Division of Infectious Diseases at the Children's Hospital of Philadelphia.

"We were so impressed that Dr. Zaoutis would go to Greece and fill this vital role," Horiates said. "He is one in a series of examples of Ahepans who are dedicated professionals, essential service employees, or volunteers worldwide that are working for the public good. This strong desire to help our communities is what drives Ahepans."

About the Center for Epidemiology and Outcomes Research (CLEO):

CLEO's mission is to improve patient safety and the quality of healthcare services provided by Greek hospitals, with emphasis on the prevention of hospital-acquired infections and the promotion of judicious antibiotic use. With the coronavirus pandemic, the importance of Dr. Zaoutis' work and the public's focus on it, has increased significantly.

To learn more about CLEO, please visit <http://www.cleoresearch.org/en/>

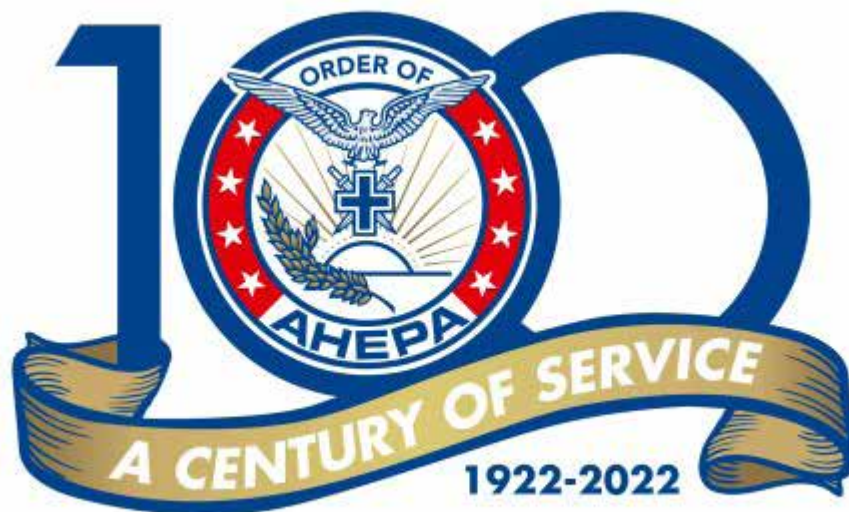
AHEPA Emergency Fund

Donations for AHEPA's COVID-19 efforts can be made through the AHEPA Emergency Fund

The AHEPA Emergency Fund was started in the early part of 2006 in response to natural disasters which occur around the world. The Order of AHEPA has donating hundreds of thousands of man hours and hundreds of thousands of dollars in financial aid for devastating natural disasters. From providing water to the first responders or milk for those in need.

We have helped clean up after Super Storm Sandy and rebuild homes in Houston. We feed thousands of homeless people through our chapters and we assist the elderly. All of our action need funds. We ask you and your chapters to donate to the AHEPA Emergency Fund.

You can donate by going to: ahepa.org/donate



Dr. John Lagios, President George Pauls, Vice President

Compliments of

RENO CHAPTER No. 281

Meets 3rd Thursday, each month

St. Anthony Church • 4795 Lakeside Dr., Reno, NV

John Copoulos, Secretary/Treasurer

San Jose AHEPA Chapter 251 News

Past AHEPA Silicon Valley Chapter President Mike Frangadakis serving the community.

CSG Becomes the Guard of the Gaps

by Master Sgt. (CA) Gregory Solman

Combined forces of the California State Guard (CSG) rushed to fill the void left by the California National Guard (CNG) June 4-6, when most deployable CNG service members were suddenly pulled from their regular and COVID-19-related duties to face civil unrest.

The hot swap of forces on various missions statewide represents one of the most significant recalls of the State Guard—long known as the California State Military Reserve—since World War II, according to Col. (CA) Conrad Hernandez, the officer in charge of the CSG task force assigned to the humanitarian mission of manning the Second Harvest of Silicon Valley food bank in San Jose.

More than 30 CSG soldiers and airmen from five units throughout the state worked the production lines of the food bank, hand packing 131 tons, 10,622 boxes of food—each meant to sustain a family of four for a week—in less than three days. “We were worried the night before, when the [National] Guard said they had to leave at the last minute,” recalls Manuel Bravo, Second Harvest’s Curtner Center Warehouse Manager. “So, it was fantastic that the State Guard came in and just continued the work. People got fed, which is our bottom line, and we couldn’t have done it without them.”

“The mission went very well, and our airmen and soldiers performed admirably,” said Command Chief Master Sgt. (CA) Mike Frangadakis, the non-commissioned officer in charge.

Frangadakis said he was impressed with the force’s fitness for duty, particularly considering that some of the State Guard line workers were considerably older than typical Guardsman. “No one

complained. No one wanted to get off the line,” said Frangadakis. “Boxes could not have been loaded on pallets faster than we were producing them. No one took a break until we all took a break.”

“I am happy to have fulfilled the mission of serving our fellow Californian’s in their time of need,” Frangadakis said.

Hernandez commended CSG for working as one team combining Airmen and Soldiers, from northern California and as distant south as San Diego. “It’s was as if we’d all known each other and worked together before,” Hernandez said. “The transition, preparation, delegation of duties, and job performance was seamless: Truly one team, one fight.”

“Our CSG personnel worked to care for our fellow Californians. Feeding our neighbors is a humbling experience and knowing we made a difference in the lives of over 10,600 California families is very gratifying,” Hernandez concluded. “I couldn’t be prouder of our ‘Curtner Food Bankers.’ We are the California State Guard in action.” –30--



Caption:

Members of five units of the California State Guard were blended to fill the gap left at the Second Harvest Silicon Valley food bank in San Jose when their California National Guard counterparts were re-deployed to civil unrest-related missions in June, 2020. (Photo by Master Sgt. (CA) Gregory Solman)

Mike

CORONAVIRUS SYMPTOMS



FEVER



COUGH



SORE THROAT



DRY COUGH



HEADACHE



MUSCLES PAIN



SHORTNESS BREATH



FATIGUE



SNEEZE

CORONAVIRUS INSTRUCTION



NO CROWD



WEAR A MASK



STAY HOME



WASH FOOD



NO HANDSHAKE



COUGH ETIQUETTE



WEAR GLOVES OUTSIDE



DISINFECT PHONE



NO FACE TOUCH



WASH HANDS



DISINFECT HANDS



KEEP DISTANCE

Be Safe!

Follow the science - not the politics



AHEPA Family District 21 Project

AHEPA & DOP Chapters



ST. NICHOLAS RANCH BOYS DORM RENOVATION PROJECT

Total project cost \$ 180,000

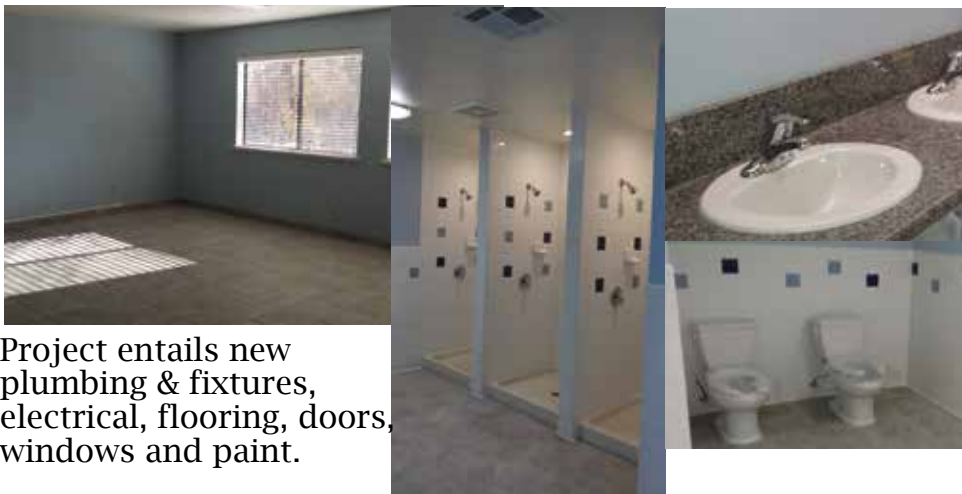
Completed Phases I & II - consisting of two dorm rooms - at cost of \$100,000

Remaining goal of \$ 80,000 to complete third dorm section (\$50K) and conference room (\$30K)

Your generous contributions will help us reach our Phase III and Phase IV goals.

\$ 180,000
Total Goal

\$ 100,000
Achieved



Project entails new plumbing & fixtures, electrical, flooring, doors, windows and paint.

Individual, corporate or group donations welcomed and appreciated.

Please make checks payable to Greek Orthodox Metropolis of San Francisco - indicate AHEPA Dorm Project in memo

Hand checks to Chapter President ... or mail to Greek Orthodox Metropolis of San Francisco, 245 Valencia Street, San Francisco, CA 94103

THANK YOU FOR YOUR SUPPORT !

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AHEPA VETERANS REGISTRATION

AHEPA Medal for Military Service is awarded to all veterans in Honor of their service to the United States.

“The Mission of the Order of AHEPA Veterans Committee is to archive and recognize all veterans of the Order and Hellenic community through sound communication and publication. Furthermore, to conduct fund raising and philanthropic outreach through a cohesive, limited, yet well defined activity that reflects well on the Order of AHEPA and brings credit to the organization at large.”

The AHEPA Medal for Military Service, approved by the 106th Congress, was presented to all AHEPA veterans present at the 34th Biennial Congressional Banquet, March 29, 2000. The Supreme Lodge then encouraged its districts and chapters to present this medal to its deserving veterans unable to attend this banquet. It is this committee’s intent to register AHEPA Veterans and have the AHEPA Medal presented at appropriate events at the District and Chapter levels. Funds collected through this effort cover medal production and other administrative costs to include shipping. Remaining proceeds will be donated to the Wounded Warrior Program annually.

Eligibility requirement for AHEPA Medal for Military Service includes Honorable Service and Discharge. Service includes Active Duty, National Guard, or Reserve status of the United States Armed Forces.

Register online at www.ahepaveterans.org. File a copy with your chapter Secretary after registration is complete. Medals are normally shipped in the fall and in time for Veteran’s Day celebrations in November.



AHEPA Supports Military Family

Reading Program Through The USO!

AHEPA National President Dr. John Grossomanides announced the organization's support of military families by selecting the United Through Reading? Military Program as a national service project, working in cooperation with the United Services Organization (USO). United Through Reading is a program that enables service members to video record themselves reading books to their children back home and provides a DVD of the recording and a copy of the book to the child.

Go to the following links to learn more and make a chapter or individual donation for as little as \$10

*Join Team USO-AHEPA and Make a Donation
Read About the Last “I Love You”
Feature in The Ahepan Magazine
Read the AHEPA News Release*

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Sparta Chapter #18
Stockton, California

Founded September 28, 1924



Daughters of Penelope

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